

Smart remote healthcare

'Checking on patients remotely using telemonitoring as part of their treatment plan gives them more freedom and saves healthcare providers time. A change in patient behaviour is often a secondary effect. Having this control makes them independent.'



Gather data with telemonitoring

Smart remote healthcare, or telemonitoring, is primarily used to assess patient data without the need for a hospital visit. But it can also be used as a tool for coaching patients. The fact that patients can use an app and/or measuring device to send information about their own health to healthcare providers influences their behaviour and encourages autonomy. Patients often value this very highly too.

Support with more control and autonomy for the patient

Telemonitoring is a digital aid for remote healthcare used by increasing numbers of healthcare facilities. It is primarily used by hospitals, although GP practices and long-term care organisations also use it. Telemonitoring as part of the treatment plan helps to avoid unnecessary checks and in-person visits.

Fewer physical appointments

Thanks to telemonitoring, healthcare providers can use their time and resources more efficiently. There is less need for physical appointments as patients can measure and submit their data themselves. Telemonitoring also enables vulnerable patients to continue living at home for longer. This is nicer for them and helps to alleviate the shortage of beds and care staff.

Working with a Medical Service Centre

Remote care, eHealth and telemonitoring can be scaled up on a regional or national level. It is important that multiple healthcare organisations can work together with their services brought under the umbrella of a Medical Service Centre. This improves efficiency as they can combine their staffing and organisational needs and also improves the quality of care.

Telemonitoring in the healthcare process

Smart remote healthcare

Patients feel in control

Fewer physical appointments

For GPs and long-term care

Patients live at home for longer

More independence for patients



